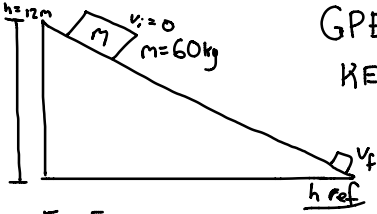


# Potential Energy



$$GPE_i = mgh +$$

$$KE_f = \frac{1}{2}mv$$

$$E_i = E_f$$

$$KE_i + GPE_i = KE_f + GPE_f$$

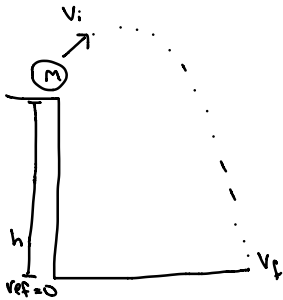
$$\frac{1}{2}mv_i^2 + mgh = \frac{1}{2}mv_f^2 + mgh$$

$$0 + mgh = \frac{1}{2}mv_f^2 + 0$$

$$v_f^2 = 2gh$$

$$v_f = \sqrt{2(9.8)(1.2)}$$

$$v_f = 4.85 \text{ m/s}$$

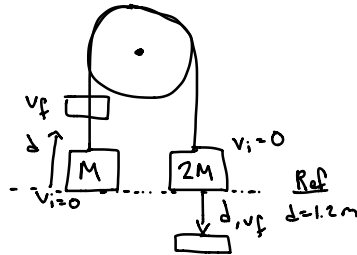


$$E_i = E_f$$

$$\frac{1}{2}mv_i^2 + mgh = 0 + \frac{1}{2}mv_f^2$$

$$v_f^2 = v_i^2 + 2gh$$

Given



Find a) a

$$\text{Solve } a) (2m)gd - mgd = \frac{1}{2}(2m)v_f^2 + \frac{1}{2}(m)v_f^2$$

$$mgd = m(v_f^2 + \frac{1}{2}v_f^2)$$

$$gd = (\frac{3}{2}v_f^2)$$

$$v_f = \sqrt{\frac{2}{3}gd}$$

$$v_f = \sqrt{\frac{2}{3}(9.8)(1.2)}$$

$$= 2.8 \text{ m/s}$$

$$y_i = 0$$

$$y_f = 1.2$$

$$v_i = 0$$

$$v_f = 2.8$$

$$a = \square$$

$$t = \square$$

$$v_f^2 = v_i^2 + 2a(y_f - y_i)$$

$$(2.8)^2 = 0 + 2a(1.2)$$

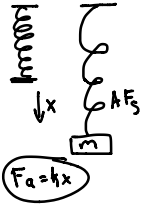
$$a = \frac{(2.8)^2}{2.4}$$

$$a = 3.27 \text{ m/s}^2$$

$$a = \frac{g(2m-m)}{(2m+m)}$$

$$a = \frac{9.8(m)}{3(m)} = 3.27 \text{ m/s}^2$$

# Hook's Law

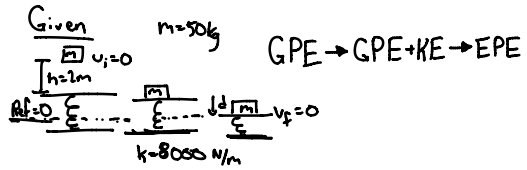


Linear Response

$$F_s = -kx$$

integrate  $\rightarrow$  spring constant

$$EPE = \frac{1}{2} kx^2$$



Find a)  $d$

Solve a)  $mg(d+h) = \frac{1}{2} kd^2$

$$(50)(9.8)(d+2) = \frac{1}{2}(8000)(d)^2$$

$$980 = 4000d^2 - 490d$$

$$d = 0.56\text{ m}$$